



The Woodlands High School

Lady Highlander

2011 CROSS COUNTRY SCHEDULE



| Date | Day | Meet | Location |
|----------|-------|---|-----------------------------------|
| Aug. 16 | Tue. | XC Season Kick-Off/Potluck Dinner | TWHS-Ninth Grade Cafeteria |
| Aug. 27 | Sat. | Greenhill School/Luke's Locker 6 mile Relay* *Varsity/Top 44 only (each leg runs 1.5 miles) | Norbuck Park, Dallas |
| Sept. 2 | Fri. | Friday Night Lights | Bear Branch Park- The Woodlands |
| Sept. 8 | Thur. | Montgomery Moonlight Madness* *Non-Woodbridge group | Montgomery HS Stadium |
| Sept. 17 | Sat. | Woodbridge XC Invitational *Top 21 only | Woodbridge HS, Irvine, California |
| Sept. 24 | Sat. | Andy Wells Invitational* *except Top 10 Varsity | Kingwood HS |
| Oct. 1 | Sat. | Cy-Woods Invitational | Cy-Woods HS |
| Oct. 8 | Sat. | Nike South Invitational | Bear Branch Park- The Woodlands |
| Oct. 14 | Fri. | Cedar Park XC Relays Invitational** **Top 42 only (flighted races) | Cedar Park HS |
| Oct. 27 | Thur. | District 14-5A Meet | Kingwood HS |
| Nov. 5 | Sat. | Region 2 Meet | Vandergriff Park- Arlington |
| Nov. 12 | Sat. | Texas UIL State Meet | Old Settler's Park- Round Rock |
| Nov. 19 | Sat. | NXN Regional Qualifier Meet *Varsity only | Bear Branch Park- The Woodlands |
| Dec. 3 | Sat. | NXN Championships* *Top 7 only (team must place 1 st or 2 nd at NXN Regional Meet) | Eugene, Oregon |

Head Coach: **Noel W. Hansen**

TWHS Men's Office: 936-709-1200 Cell: 832-577-4077

Email: nhansen@conroeisd.net (or) noelwhansen@yahoo.com

Assistant Coach: **Kristen Saldaña**

TWHS Women's Office: 936-709-1348 Coach Saldaña's Cell: 832-453-7851

Email: ksaldana@conroeisd.net

Athletic Director: Mark Schmid

TWHS Principal: Gregg Colschen

TWHS-9 Principal: Chris Povich

Asst. Women's Ath. Director: Dina Graves Head Trainer: Charlotte Laverne

The Woodlands High School, 6101 Research Forest Dr., The Woodlands, TX 77381